



**BETSY RICHARD**  
**CONSULTING**

Define your core.  
Center your business.

# **“Top Performers are 2 things:**

1. Hungry for Best Practices
2. Committed to Continual Learning”

# Managing Time Managing Promises

# Weekly Plan Sheet

Name:

Betsy Richard

Week of :

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00	ST	ST	ST	ST	ST	ST	
7:00	P					P	
8:00	ST	Prep C	Prep C	Prep C	Prep C	Prep C	
9:00				Power hour			
10:00	Family & Personal	Passion	P	P	Power hour 1/2	Power Hour	
11:00							
12:00							
1:00			Power Hour				
2:00						P	
3:00		Power Hour		Power hour	P		
4:00		P	P	P			
5:00			what's needed				
6:00	ST						
7:00		7 & P		R & P		R P	
8:00							
9:00	ST	ST	ST	ST	ST	ST	ST
10:00							

Betsy

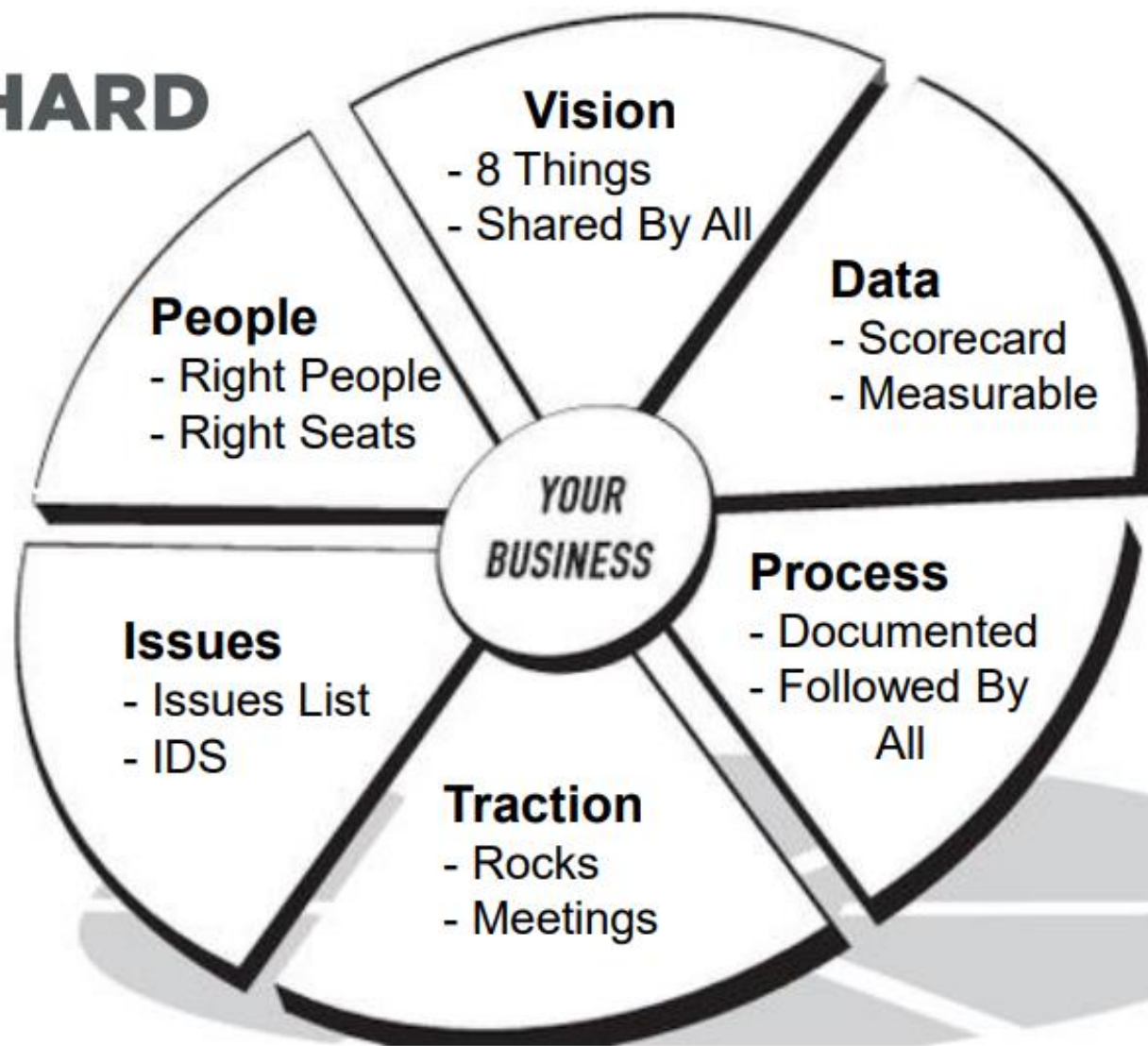




# THE EOS MODEL™ by Gino Wickman

## BETSY RICHARD CONSULTING

Define your core.  
Center your business.



**“Our lives change when  
our habits change”**

Get Focused  
Stay Focused  
Shift

**“The absence of accountability inevitably leads to spiraling out of control.”**

**“No one competes at a high level without coaching.”**